



MANOS DEL URUGUAY

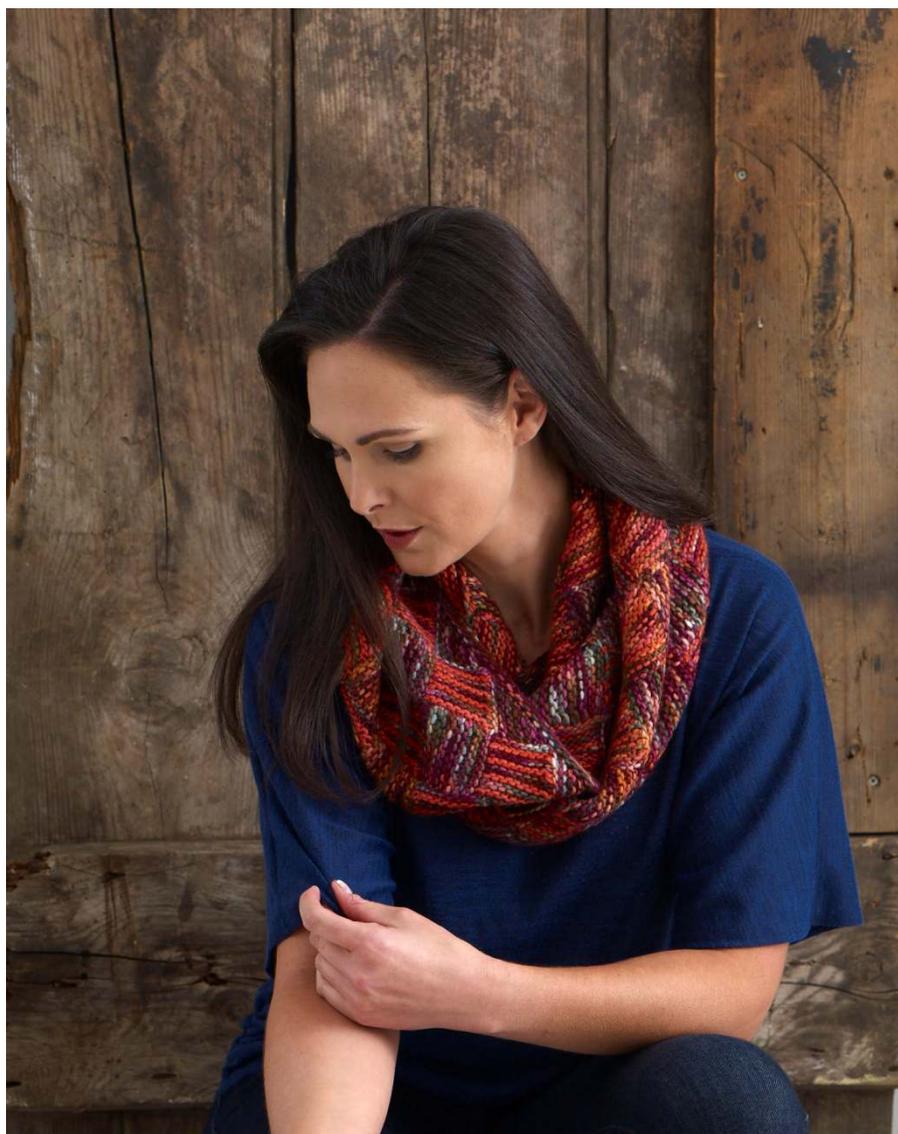
FREE PATTERN



UK VERSION

# Rise and Run

by Sarah Chapman



MANOS DEL URUGUAY

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## Rise and Run in Manos del Uruguay Maxima

### SIZE

One size, 127cm/50" around by 20.5cm/8" tall

### MATERIALS

Manos del Uruguay MAXIMA (100% superfine merino),  
200m/218 yds per 100g/3.5 oz skein

2 skeins MC and 1 skein CC

Shown in MX8673 Fruits of the Forest (MC) and MX2183  
Sweet Potato (CC)

5mm/US 8 circular needles, 90cm/36" long, or size  
required to obtain tension

Stitch marker

Tapestry needle

### TENSION

16 sts and 40 rows in Garter Stitch = 10cm/4" after  
blocking

Each entrelac rectangle = 6.5cm/2.5" across

### PATTERN NOTES

This stylish cowl is worked in entrelac, a technique that  
creates a textured fabric that looks woven. Sets of  
stitches are worked individually to create tiers of  
interconnected triangles and rectangles. In this design,  
the entrelac tiers alternate between striped with MC and  
CC and worked in MC only. Make sure to follow  
instructions on when to turn the work.

### ABBREVIATIONS

**beg:** begin(ning)

**CC:** contrast colour

**k:** knit

**LH:** left hand

**MC:** main colour

**ndl(s):** needle(s)

**p:** purl

**p2tog:** purl 2 sts together (1 st decreased)

**rem:** remain(s), remaining

**rep:** repeat

**RH:** right hand

**rnd(s):** round(s)

**RS:** right side

**sl:** slip

**ssk:** slip next 2 sts separately knitwise, inset LH ndl into  
front of 2 slipped sts and knit together (1 st decreased)

**st(s):** stitch(es)

**WS:** wrong side

**wyib:** with yarn in back

### INSTRUCTIONS

With MC, cast on 160 sts. Join in the round, being  
careful not to twist, and place marker to show beg of  
round.

#### *Garter Lower Edge*

Rnd 1: Purl.

Rnd 2: Knit.

Rnd 3: Purl.

Turn work so WS is facing.

#### *Starting Base Triangles in MC only*

Work short-row triangles as follows.

Row 1 (WS): K2, turn.

Row 2 (RS): K2, turn.

Row 3: K3, turn.

Row 4: K3, turn.

Row 5: K4, turn.

Row 6: K4, turn.

Row 7: K5, turn.

Row 8: K5, turn.

Row 9: K6, turn.

Row 10: K6, turn.

Row 11: K7, turn.

Row 12: K7, turn.

Row 13 (WS): K8. Do not turn.

Rep the last 13 rows 19 more times, turn. [20 base  
triangles with 8 sts per triangle]

Break MC yarn.

#### *RS Garter Stripe Rectangles in MC and CC*

For the first rectangle only, with RS facing and MC, pick  
up and knit 8 sts along the selvedge between the ndls  
from the "peak" to the "valley" of the first unit from the  
previous tier, turn.

Row 1 (WS): With MC, k8, turn.

Row 2 (RS): With CC, k7, ssk (last rectangle st together with 1 st from following unit), turn. [1 st decreased from next unit]

Row 3: With CC, k8, turn.

Row 4: With MC, k7, ssk (last rectangle st together with 1 st from unit after it), turn. [1 st decreased from next unit]

Rows 5-12: Rep Rows 1-4 twice more.

Rows 13-15: Rep Rows 1-3.

Row 16: K across row to last 2 sts, carrying CC behind, ssk. Do not turn.

\* With RS facing and MC, pick up and knit 8 sts along selvedge between ndls from the "peak" to the "valley" of the next unit from the previous tier, then turn the work and knit across the 8 picked-up sts with WS facing. Work Rows 2-16 once more, beg and ending the rectangle with a RS row. \*

Rep from \* to \* 18 more times, ending with a RS row, turn. [20 rectangles completed with 8 sts in each rectangle]

Break CC yarn.

#### *WS Garter Rectangles in MC only*

For the first rectangle only, with RS facing and MC, pick up and knit 8 sts along the selvedge between the ndls from the "valley" to the "peak" of the unit from the previous tier, turn.

Row 1 (WS): P7, p2tog (last rectangle st together with 1 st from following unit), turn. [1 st decreased from next unit]

Row 2 (RS): P8, turn.

Rows 3-14: Rep Rows 1-2 six more times.

Row 15: Rep Row 1. Do not turn.

\*\* With WS still facing, pick up and purl 8 sts along selvedge between ndls from the "peak" to the "valley" of the unit from the previous tier, then turn the work and purl the 8 picked-up sts with RS facing. Work Rows 1-15 once more, beg and ending the rectangle with a RS row. \*\*

Rep from \*\* to \*\* 18 more times, ending with a RS row. [20 rectangles completed with 8 sts in each rectangle]  
Break MC yarn.

Work a tier of RS Garter Stripe Rectangles, then work a tier of WS Garter Rectangles once more, then work one more tier of RS Garter Stripe Rectangles. [5 rectangle tiers total]



#### *Ending Triangles in MC only*

For the first triangle only, with RS facing and MC, pick up and knit 8 sts along the selvedge between the ndls from the "valley" to the "peak" of the unit from the previous tier, turn.

Row 1 (WS): P2tog, p5, p2tog (last triangle st together with 1 st from following unit), turn. [1 st decreased from next unit]

Row 2 (RS): P7, turn. [7 triangle sts]

Row 3: P2tog, p4, p2tog, turn. [1 st decreased from next unit]

Row 4: P6, turn. [6 triangle sts]

Row 5: P2tog, p3, p2tog, turn. [1 st decreased from next unit]

*Next 3 Tiers*

Row 6: P5, turn. [5 triangle sts]  
 Row 7: P2tog, p2, p2tog, turn. [1 st decreased from next unit]  
 Row 8: P4, turn. [4 triangle sts]  
 Row 9: P2tog, p1, p2tog, turn. [1 st decreased from next unit]  
 Row 10: P3 [3 triangle sts]  
 Row 11: [P2tog] twice. [1 st decreased from next unit]  
 Row 12: P2, turn. [2 triangle sts]  
 Row 13: [P2tog] twice, pass first st over second. Do not turn. [1 triangle st rem on RH ndl and counts as first st of next triangle; no sts rem from unit being decreased]

\*\*\* With WS still facing, pick up and purl 7 sts along selvedge between ndls from the "peak" to the "valley" of the rectangle from the previous tier, then turn the work and with RS facing, purl across the 8 triangle sts and turn work. Work Rows 1-13 once more, beg and ending with a WS row. \*\*\*

Rep from \*\*\* to \*\*\* 18 more times, ending with a WS row. [20 triangles completed; 1 st rem on RH ndl]  
 Leave last st on ndl and do not break yarn.

#### *Garter Upper Edge*

Turn work so RS is facing.

Rnd 1: Sl1 purlwise wyib, then pick up and knit 7 sts across top edge of first triangle, [pick up and knit 8 sts across top edge of next triangle] 19 times. [160 sts]

Rnd 2: Purl.

Rnd 3: Knit.

With RS facing, cast off all sts purlwise.

## **FINISHING**

Weave in ends and block to measurements.

