



MANOS DEL URUGUAY

Cosmopolitan Socks

by Tina Jane for Rooster Yarns



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Cosmopolitan Socks in Manos del Uruguay Alegria

SIZE

One size, to fit average woman's foot, 18.5cm/7¼" foot and leg circumference, adjustable length

MATERIALS

Manos del Uruguay ALEGRIA (75% Superwash Merino, 25% Polyamide), 405m/445 yds per 100g/3.5 oz skein

Leftovers from previous projects, about 1 skein

Shown with heel in A2394 Teal, toe in A2620 Thistle and main pattern in A9862 Jacaranda, A8726 Carnaval and A9033 Aloha

2.5mm set of 4 or 5 DPNs or preferred sock knitting needle (e.g. short circular, or longer circular for magic loop method)

2 stitch markers

3 locking stitch markers or waste yarn

Sharp scissors

Tapestry needle

TENSION

34 sts and 42 rnds in pattern = 10cm/4" after blocking

PATTERN NOTES

These socks are worked from the toe up in the round with an afterthought heel. You can use your favourite circular cast-on method such as Judy's Magic Cast-on, Figure 8 Cast-on or Turkish Cast-on. The contrast-coloured toe is shaped with increases. The 3-colour spiral stripe pattern is then worked, with the heel marked as you go, and finishing with a ribbed cuff. The contrast-coloured heel is worked at the end and shaped with decreases then grafted to finish.

SPECIAL TECHNIQUES & LINK TO TUTORIALS

Circular cast-on

A circular cast-on allows you to start from the centre of your work without a hole. We recommend one of these methods to start your sock.

Judy's Magic Cast-on

Tutorial link:

<https://knitty.com/ISSUEspring06/FEATmagiccaston.html>

Figure 8 Cast-on

Tutorial link: <http://www.helloyarn.com/figure-8-cast-on/>

Turkish Cast-on

Tutorial link: <https://ambah.co/tutorial-turkish-cast-on-tco/>

Helical stripes (Lemon Twist stitch pattern)

Tutorial link: <https://www.10rowsaday.com/helix-knitting>

Other names for this technique are helix stripes, helix knitting, spiral knitting.

Working as instructed for our Lemon Twist stitch pattern, you will be creating a spiral of stripes, changing colours one by one by one. This method does not require you to twist the yarns together as you are going to be knitting in spirals; don't worry: there will not be a hole!

Afterthought heel

Tutorial link:

<https://www.acknitwear.co.uk/blog/2020/5/19/inserting-a-true-afterthought-heel> or

<https://www.youtube.com/watch?v=c-1zXAJYxTw>

The location of the heel is marked while knitting, then after the cuff is complete, the sts for the heel will be picked up at the top and bottom of marked location. A stitch is snipped to unravel live sts onto the ndls. The heel is shaped with decreases and rem sts grafted using Kitchener stitch.

Kitchener stitch

Tutorial link: <https://verypink.com/2018/04/04/knit-kitchener-stitch/>

The Kitchener stitch is used to graft sts together seamlessly. Hold the remaining sts parallel with the same number of sts on the front ndl and back ndl. Thread the tapestry needle with the long tail. Insert the tapestry needle k-wise through the first st on the front ndl, leaving the st on the ndl, then insert the tapestry needle p-wise through the first st on the back ndl, leaving the st on the ndl. Now repeat as follows: *Insert tapestry needle k-wise through the first st on front ndl and sl st off the ndl, insert tapestry needle p-wise through the next st on the front ndl and leave it on the ndl, insert tapestry needle p-wise through the first st on the back ndl and sl st off the ndl, insert tapestry needle k-wise through the next st on the back ndl and leave it on the ndl; rep from

* until 1 st rem on each ndl, insert tapestry needle k-wise through st on front ndl and sl st off ndl, insert tapestry needle p-wise through st on back ndl and sl st off ndl. Weave in end.

ABBREVIATIONS

k: knit

k-wise: knit-wise, inserting ndl as if to knit

LH: left hand

m1l: make 1 left by inserting LH ndl from front to back under strand between st just worked and next st on LH ndl, then k this st through the back loop

m1r: make 1 right by inserting LH ndl from back to front under strand between st just worked and next st on LH ndl, then k this st

ndl(s): needle(s)

p: purl

p-wise: purl-wise, inserting ndl as if to purl

rem: remain(s), remaining

rep: repeat

rnd(s): round(s)

sl: slip

ssk: sl next 2 sts separately k-wise, insert LH ndl into front of 2 slipped sts and knit tog (1 st decreased)

st(s): stitch(es)

tog: together

STITCH GUIDE

Lemon Twist

Select three colours from your leftovers (A, B and C).

Round 1: With colour A k20, then with colour B k20, and with colour C k20.

Round 2: With colour C k20, now drop colour C and pick up colour A – DO NOT TWIST THE YARNS – with colour A k20, then drop colour A and pick up colour B (remember not to twist), and with colour B k20.

Round 3: With colour B k20, then with colour C k20, and with colour A k20.

Rep these 3 rounds for pattern.

1x1 rib

Rib Rnd: *K1, p1; rep from * to end.

Rep this rnd for pattern.

INSTRUCTIONS

With toe colour and using a circular cast-on (see Special Techniques), cast on 24 sts. Continue in the rnd, and place marker to show beginning of rnd.

Toe

Next Rnd: K12, place marker, k12.

Increase Rnd: [K2, m1L, k to 2 sts before marker, m1R, k2] twice. [4 sts increased]

Next Rnd: Knit.

Rep last 2 rnds until there are 60 sts.

Foot

With colours A, B & C, work in Lemon Twist pattern (see Special Techniques) until foot is 4.5cm/1¾" less than required length to the heel.

Mark heel (uses 3 locking stitch markers)

On next round, continue in Lemon Twist pattern as follows:

Next Rnd: Continue in Lemon Twist pattern, mark first st with locking marker, work 14 more sts, put locking marker on last st worked, work 15 more sts, put locking marker on last st worked, cont in pattern to end of rnd.

Leg

Continue in pattern until sock measures 12cm/4¾" from marked row, or 4cm/1½" less than desired length.

Cuff

Work in 1x1 rib for 10 rnds.

Cast off in rib loosely.

Tip: If you find your cast off is usually tight, you may want to cast off with a larger needle.

Afterthought heel

Carefully cut the marked centre stitch of the heel, and place top sts on one ndl and bottom sts onto another ndl, and carefully unravel the row to the end heel markers (see Special Techniques). [60 sts]

With heel colour and starting at one end of the heel sts, join to work in the rnd and place marker to show beginning of rnd.

Next Rnd: K30, place marker, k30.

Decrease Rnd: [K1, ssk, k to 3 sts before marker, k2tog, k1] twice. [4 sts decreased]

Next Rnd: Knit.

Rep last 2 rnds until there are 24 sts.

FINISHING

Break yarn, leaving a long tail. Kitchener stitch remaining heel sts together (see Special Techniques). Weave in ends and block to measurements.