

# MINAS VEST

*by Cecilia Lalanne and  
Gabriella Calderini*



**MANOS**  
DEL URUGUAY  
— EST. 1968 —

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*We loved the Minas Sweater so much, we couldn't resist creating a vest version! The Minas Vest is knit in our IDEAL yarn — 100% Uruguayan Polwarth wool that's both incredibly soft and beautifully resilient. It features the same straight armhole as the original sweater, giving it a relaxed, dropped-shoulder silhouette with a modern edge.*

## Finished Measurements

### Sizes - 1 (2, 3, 4, 5, 6, 7, 8)

Bust circumference - 42.75 (46, 49.25, 54, 58, 62.75, 66, 69.25)" / 105 (115, 125, 135, 145, 155, 165, 175) cm.

*This garment has an oversized fit and is intended to be worn with about 8" / 20 cm of positive ease. You can see the rest of the measurements in the measurement drawing at the end of the document.*

## Gauge

20 sts and 20 rows = 4" / 10 cm in color work pattern, using larger needles, after blocking.

## Yarn and Quantities

**Manos del Uruguay Ideal** (100% Polwarth Wool), approx. 220 yds / 200 mts per 100 g.

**Color A** (Zinnia): 1 (1, 1, 1, 2, 2, 2, 2) skeins.

**Color B** (Peach Blossom): 1 (1, 1, 1, 2, 2, 2, 2) skeins.

**Color C** (Tahiti): 1 (1, 1, 1, 2, 2, 2, 2) skeins.

**Color D** (Celadon): 1 (1, 1, 1, 2, 2, 2, 2) skeins.

**Color E** (Leo): 1 (1, 1, 1, 2, 2, 2, 2) skeins.

## Needles and Tools

- 6.5 mm (US 10.5) 80 cm (40") and 50cm (20") circular knitting needles, or size to obtain gauge.
- 5.5 mm (US 9) 80cm (32") and 50cm (20") circular knitting needles
- 5.5mm (US 9) double pointed knitting needles
- stitch holder or waste yarn
- stitch markers
- tapestry needle

## *Abbreviations*

**K:** knit / **P:** Purl

**RS:** Right Side / **WS:** Wrong Side

**St/Sts:** Stitch/Stitches.

**k2tog:** Knit two stitches together

## *Special Techniques*

### **1LLI - Left Lifted Increase**

Using the left needle, pick up the left leg of the stitch located two rows below the live stitch on the right needle. Knit through the back loop of the picked up strand on the left needle.

Video reference for 1LLI: <https://www.youtube.com/watch?v=Y1BEw58Mflk>

### **1RLI - Right Lifted Increase**

The right lifted increase is made by knitting into the stitch below the live stitch on the left needle. Insert the right needle into the right leg of the stitch below the first stitch on the left needle. Place the strand onto the left needle and knit it as if it was a normal stitch, then knit the first stitch on the left needle.

Video reference for the 1RLI: <https://www.youtube.com/watch?v=B2izT0zcHjw>

### **Latvian Braid Cast On**

Video reference: [https://www.youtube.com/watch?v=mME\\_ffFvPZ](https://www.youtube.com/watch?v=mME_ffFvPZ)

### **Tubular Bind Off**

Video reference: <https://www.youtube.com/watch?v=2c94VA0oxdo>

## *Please read before starting the pattern:*

- This vest is worked from the top down starting with the upper back worked back and forth in short rows to shape the shoulders. The German short row method is recommended. The upper back continues down to the underarms, then the stitches are placed on hold.

- Each front shoulder begins by picking up stitches from the back shoulder and is worked back and forth in rows to shape the neckline. The left and right shoulders are joined at the base of the front neck, and the upper front continues down to the underarms.

- The front and back stitches are joined for working the lower body in the round down to the lower edge.

- To work the armhole rib, stitches are picked up from around the armhole openings and worked in the round in rib, then casted off using a tubular bind off method.

## **IMPORTANT**

The way the two strands of yarn are managed when knitting the color work patterns is very important.

When changing colors, always exchange the yarns in the same way: either by taking the new strand over the old strand, or by taking the new strand under the old strand. Whichever you choose, maintain the same method throughout the entire project to create a uniform and neat texture.

When working the upper body back and forth in rows, always work the 2 stitches at each armhole edge using the same color. Pick up the sleeve armhole stitches in between these 2 edge stitches.

## *INSTRUCTIONS*

### *Upper Back*

Using color A and long 6.5 mm (US 10.5) circular needles, cast on 103 (107, 115, 127, 135, 143, 151, 159) sts. Break yarn.

Slip the first 36 (36, 40, 44, 48, 52, 56, 60) sts from the left to the right needle without working them.

Join color A to the sts on left needle and purl center 31 (35, 35, 39, 39, 39, 39, 39) sts. You have 36 (36, 40, 44, 48, 52, 56, 60) unworked shoulder sts on each side of the center purled sts. Turn.

Join color B with RS facing, and work the Body Color Work chart in St st as follows:

**Next row (RS; Row 1 of chart):** Knit St #2 of chart once, then work the 2-st chart repeat [Stitch #1, Stitch #2] 19 (20, 20, 20, 21, 21, 21, 22) times. You have worked 35 (39, 39, 43, 43, 43, 43) sts and there are 32 (32, 36, 40, 44, 48, 52, 56) sts remaining unworked on left needle. Turn.

**Next row (WS; Row 2 of chart):** Purl Row 2 of color work pattern as established until there are 32 (32, 36, 40, 44, 48, 52, 56) sts remaining on left needle. Turn.

Continue working short rows in the established color work pattern as follows:

**Row 1 (RS):** Knit to 4 sts after the last turn, turn.

**Row 2 (WS):** Purl to 4 sts after the last turn, turn.

Repeat these last 2 rows 6 (6, 7, 8, 9, 10, 11, 12) more times.

All stitches have been worked after the last row.

The short rows have been completed, and the upper back measures 4.3 (4.3, 4.7, 5.5, 5.5, 5.9, 6.3, 6.7)" / 11 (11, 12, 14, 14, 15, 16, 17) cm from cast on in center.

Continue working in pattern across all sts, and work 2 more rows, remembering to work the first and last 2 sts of each row using the same color.

### **ONLY FOR SIZES \_ (2, 3, 4, 5, 6, 7, 8)**

**Row 1 (RS; increases):** K2, 1LLI, knit in color work pattern to last 2 sts, 1RLI, k2. You have increased 2 sts.

**Row 2 (WS):** Purl in color work pattern.

Working new sts into established pattern, repeat these last 2 rows \_ (1, 1, 1, 1, 3, 3, 3) more time(s).

You now have 103 (111, 119, 131, 139, 151, 159, 167) sts.

The 2 sts at each edge should both be in the color of Stitch #1 of the chart.

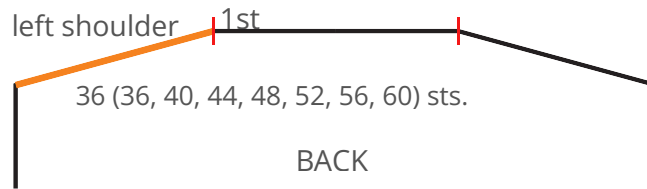
Continue working in color work pattern as established until the piece measures approx. 9 (9.4, 9.6, 9.8, 10.2, 10.6, 11, 11.4)" / 23 (24, 24.5, 25, 26, 27, 28, 29) cm from cast on in center and approx. 5.3 (5.7, 5.5, 5.3, 5.3, 5.3, 5.3, 5.3)" / 13.5 (14.5, 14, 13.5, 13.5, 13.5, 13.5, 13.5) cm along armhole edge at each side, ending with a WS row.

Break the yarns and place the sts on stitch holder or waste yarn.

### *Left Front Shoulder*

Using color A and shorter 6.5 mm (US 10.5) circular needles, with RS of back facing you, pick up and knit 1 st from back neckline and then 36 (36, 40, 44, 48, 52, 56, 60) sts along the left back shoulder (see diagram).

You now have 37 (37, 41, 45, 49, 53, 57, 61) sts.



Join color B with WS facing, and work the Body Color Work chart in St st as follows:

**Row 1 (WS):** Purl Stitch #2 of chart once, work the 2-st chart repeat [Stitch #2, Stitch #1] 18 (18, 20, 22, 24, 26, 28, 30) times.

**Row 2 (RS):** Work the 2-st chart repeat [Stitch #1, Stitch #2] to last st, knit Stitch #2 once. You have 2 sts in the same color at the armhole edge (end of RS rows; beginning of WS rows).

Repeat these 2 rows 3 (3, 3, 2, 2, 2, 2, 2) more times, then work Row 1 once more, ending with a WS row. You have completed 9 (9, 9, 7, 7, 7, 7, 7) rows in pattern.

### Neck Increases

Keeping 2 sts at armhole edge in same color as established, begin neck shaping.

**Row 1 (RS):** K2, 1LLI, knit in color work pattern to end.

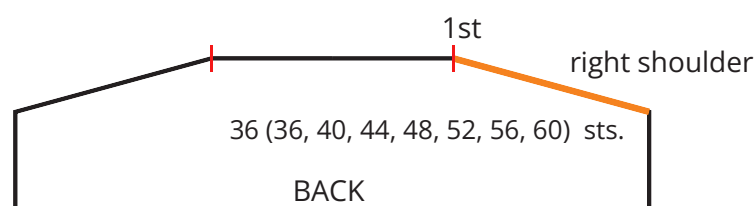
**Row 2 (WS):** Purl in color work pattern to the end.

Repeat these two row 5 (5, 5, 7, 7, 7, 9, 9) more times, working new sts into the established color work pattern. You now have 43 (43, 47, 53, 57, 62, 67, 71) sts.

Break the yarns and let the sts rest on the 6.5 mm / #10.5 US circular needle while the right shoulder is being worked.

### Right Front Shoulder

Using color A and longer 6.5 mm (US 10.5) circular needles, with RS of back facing you, pick up and knit 36 (36, 40, 44, 48, 52, 56, 60) sts along the right back shoulder and then 1 st from back neckline (see diagram). You now have 37 (37, 41, 45, 49, 53, 57, 61) sts.



Join color B with WS facing, and work the Body Color Work chart in St st as follows:

**Row 1 (WS):** Purl Stitch #1 of chart once, work the 2-st chart repeat [Stitch #2, Stitch #1] to last 2 sts, purl 2 sts in the color of Stitch #2.

**Row 2 (RS):** Knit 2 sts in the color of Stitch #2, work the 2-st chart repeat [Stitch #1, Stitch #2] to last st, knit Stitch #1 of chart once. You have 2 sts in the same color at the armhole edge (beginning of RS rows; end of WS rows).

Repeat these 2 rows 3 (3, 3, 2, 2, 2, 2, 2) more times, then work Row 1 once more, ending with a WS row. You have completed 9 (9, 9, 7, 7, 7, 7, 7) rows in pattern.

### *Neck Increases*

Keeping 2 sts at armhole edge in same color as established, begin neck shaping.

**Row 1 (RS):** Knit in color work pattern to last 2 sts, 1RLI, k2.

**Row 2 (WS):** Purl in color work pattern to the end.

Repeat these two row 5 (5, 5, 7, 7, 7, 9, 9) more times, working new sts into the established color work pattern. You now have 43 (43, 47, 53, 57, 62, 67, 71) sts.

Leave sts on the needle, and do not break the yarns.

### *Upper Front*

We will join the right and left shoulders to work the upper front. Continue to work the 2 sts at each armhole edge as established.

**Next row (RS):** Using longer circular needle holding right shoulder sts, work in pattern across 43 (43, 47, 53, 57, 62, 67, 71) right shoulder sts, use the Latvian Braid two-color method to cast on 17 (25, 25, 25, 25, 29, 25, 25) sts across center front, then work 43 (43, 47, 53, 57, 62, 67, 71) left front sts from shorter circular needle.

You now have 103 (111, 119, 131, 139, 151, 159, 167) sts on the longer needle. The 2 sts at each edge should both be in the color of Stitch #2 of the chart.

Continue working in color work pattern as established until the shoulders and upper front measure approx. 9 (9.4, 9.6, 9.8, 10.2, 10.6, 11, 11.4)" / 23 (24, 24.5, 25, 26, 27, 28, 29) cm from the shoulder pickup, ending with a WS row. Leave sts on the needle, and do not break the yarns.

### *Lower Body*

We will join the front and the back for working the lower body in the round.

Place 103 (111, 119, 131, 139, 151, 159, 167) sts of upper back on an empty circular needle.

**Next round:** Using longer circular needle holding upper front sts, knit the first st using the opposite pattern color, knit in pattern to last st, knit the last front st using the opposite pattern color; use the Latvian Braid two-color method to cast on 4 (4, 4, 4, 6, 6, 6, 6) sts; knit the first st of the upper back using the opposite pattern color, knit in pattern to last st, knit the last back st using the opposite pattern color; use the Latvian Braid two-color method to cast on 4 (4, 4, 4, 6, 6, 6, 6) sts.

You now have 214 (230, 246, 270, 290, 314, 330, 346) sts on the longer circular needle. Join in the round and place a marker for the beginning of the round.

Continue working the color work pattern in St st (knit all sts every round) until the entire piece measures approx. 18.7 (18.7, 19.3, 19.9, 20.5, 21, 21.7, 22.8)" / 47.5 (47.5, 49, 50.5, 52, 53.5, 55, 58) cm from the center of the back neck cast on, or 1.75" / 4 cm less than desired total length, and ending with Row 3, 6, 9, 12, 15, 18, 21, 24, 27 or 30 of color work pattern.

Change to longer 5.5 mm (US 9) circular needle.

**Work in k1, p1 rib as follows:**

- Two rounds in color A
- Two rounds in color D
- Two rounds in color B
- Two rounds in color C
- One round in color E



Piece measures approx. 16.75 (16.75, 17.25, 18, 18.5, 19.25, 19.75, 21)" / 38.5 (38.5, 40, 41.5, 43, 44.5, 46, 49) cm from the center of the back neck cast on.

Bind off with color E, using the tubular bind off method.

### *Armhole Rib*

(make two)

Using color A and shorter 5.5 mm / #9 US circular needle, with RS facing and starting at the bottom of the armhole pick up and knit a total of 74 (78, 82, 84, 86, 88, 90, 92) sts around the armhole opening. Pick up in between the 2 sts of the same color along the armhole edges.

Join in the round and place a marker for the beginning of the round.

#### **Work in k1, p1 rib as follows:**

- Two rounds in color A
- Two rounds in color D
- Two rounds in color B
- One round in color C

Bind off with color C, using a tubular bind off method.

### *Neck Rib*

Using color A and shorter 5.5 mm (US 9) circular needle, with RS facing you and starting at the left shoulder, pick up and knit 29 (33, 33, 37, 37, 37, 37, 37) sts across back neck, 23 (23, 23, 25, 25, 25, 29, 29) sts along left front, 17 (25, 25, 25, 25, 29, 25, 25) sts across center front, and 23 (23, 23, 25, 25, 25, 29, 29) sts along right front.

You now have 92 (104, 104, 112, 112, 116, 120, 120) sts. Join in the round and place a marker for the beginning of the round.

#### **Work in k1, p1 rib as follows:**

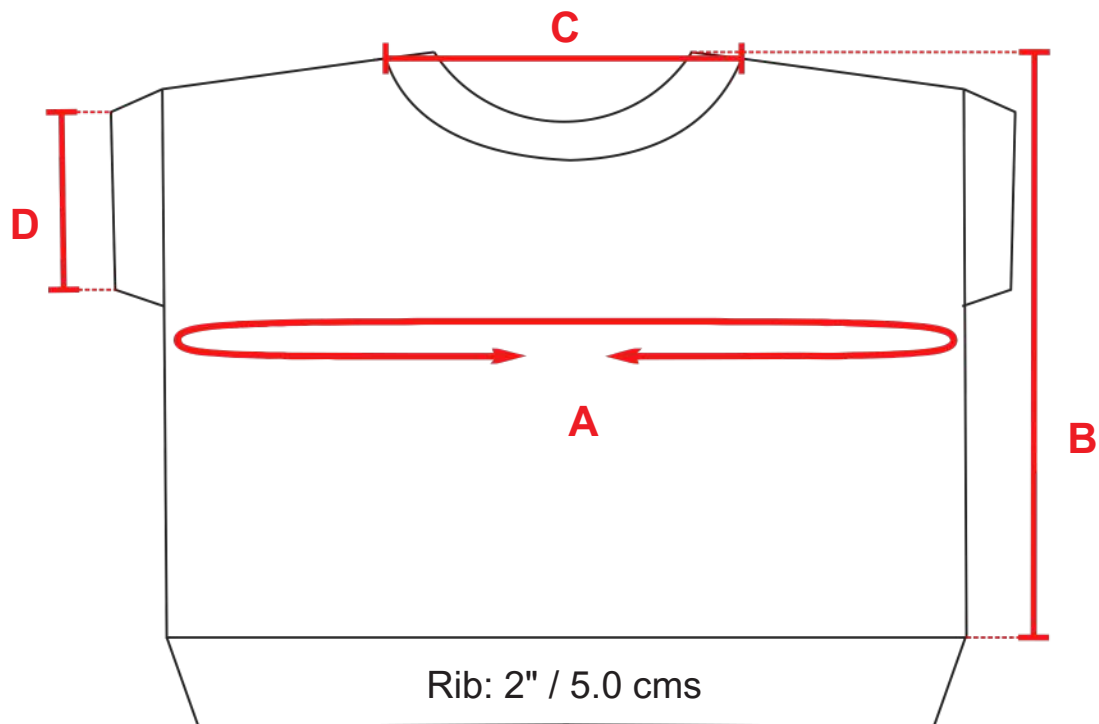
- Two rounds in color A
- Two rounds in color D
- Two rounds in color B
- One round in color C

Bind off with color C, using a tubular bind off method.

## Finishing

- Weave in ends.
- Steam- or wet-block piece to finished measurements.

## Measurements



### **A - Bust circumference**

42.75 (46, 49.25, 54, 58, 62.75, 66, 69.25)" / 105 (115, 125, 135, 145, 155, 165, 175) cm

### **B - Total length (without rib)**

17.35 (17.35, 17.95, 18.55, 19.00, 19.50, 20.30, 21.45)" / 44 (44, 45.5, 47, 48.5, 50, 51.5, 54.5) cm

**C- Neck width** (without rib) 6.25 (7, 7, 7.75, 7.75, 7.75, 7.75, 7.75)" / 16 (18, 18, 20, 20, 20, 20, 20) cm

### **D - Upper arm circumference**

14.75 (15.5, 16.5, 16.75, 17.25, 17.5, 18, 18.5)" / 37 (39, 41, 42, 43, 44, 45, 46) cm





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