

***Alba
Bandana***
by Lirio Knits



MANOS
DEL URUGUAY
— EST. 1968 —

Alba Bandana by Lirio Knits

The Alba Bandana is worked from the bottom up, increasing while simultaneously working a basket wave and lace stitch pattern. Once the bandana is completed, stitches are placed on hold and the scarf section is worked in garter stitch. A double-knitted band is then joined to the bandana stitches to finish the piece.

Only Size

Measurements of Bandana section:

36cm / 14" at upper, wider part

23cm / 9" length

These measurements are based on the given gauge and stitch pattern.

Gauge

30 sts x 38 rows = 10 x 10 cm / 4 x 4" in lace pattern, worked flat on 3.50 mm (US 4) needles, after blocking.

Tip: If you're not getting gauge, size your needles up or down. If you're getting more stitches than needed, size up. If you're getting fewer stitches, size down.

Recommended needle size

3.5 mm (US 4) circular needles

3.5 mm (US 4) DPN (optional for double knitted band)

Yarn and quantities

Milo by Manos del Uruguay (65% merino wool, 35% linen)- 350 mts/380 yds per 100g skein

1 skein

Approx. 180m/ 197 yds

Notions

Stitch markers, stitch cords or scrap of yarn, tapestry needle

Techniques used

Long tail cast-on*, knitting flat, increases (m1l, m1r, kfb), decreases (ssk, k2tog), yarn

over, leaving sts on hold, double knitting*, working from a chart, bind off.

*Links to video tutorials are available on the last page.

Abbreviations

Approx.: Approximately

Rep: Repeat

CO: Cast on

RH: Right hand

k2tog: Knit 2 stitches together as one

RS: Right side

k3tog: Knit 3 stitches together as one

SI1 wyib: Slip 1 with yarn in back

k: Knit

SI1 wyif: Slip 1 with yarn in front

kfb: Knit through front and back loops

sl: slip

LH: Left hand

ssk: Slip slip, knit

m1l: Make 1 stitch left leaning

st(s): Stitch(es)

m1r: Make 1 stitch right leaning

tbl: Through the back loop

m: marker

WS: Wrong side

P: Purl

yo: Yarn over

Techniques used

Increases

M1l- Make 1 left – find the bar that runs between two stitches and lift it with your left needle from front to back. Knit it through the back loop.

M1r- Make 1 right – find the bar that runs between two stitches and lift it with your left needle from back to front. Knit it.

kfb- Knit through front and back loops of one stitch - Insert needle into front loop of stitch and knit. Without dropping it, insert needle into back loop of the same stitch and knit through back loop, then slide the stitch off needle.

Decreases

K2tog- Knit 2 stitches together as one – Insert right needle knitwise into the front loops of both the second and first stitches on the left needle (in that order), then knit them together as one stitch.

Ssk- Slip, slip, knit - One by one, slip first two stitches from LH needle knitwise to RH

needle. Insert LH needle into the front of both sts and knit them together as one.

Lace Chart

Lace charts are read from right to left on RS rows and left to right on WS rows, starting from bottom to top.

	8	7	6	5	4	3	2	1	
12									
	/	○				○	\		11
10		●	●	●	●	●			
		●	●	●	●	●			9
8		●	●	●	●	●			
		●	●	●	●	●			7
6									
		○	\		/	○			5
4	●	●				●	●	●	
	●	●				●	●	●	3
2	●	●				●	●	●	
	●	●				●	●	●	1

	Right Side	Wrong Side
□	k	p
●	p	k
/	k2tog	
\	SSK	
○	yarn over	

Pattern begins here

Bandana

With 3.5mm (US 4) needles, CO 7 sts with the long tail cast on.

Start working garter edge as follows:

Row 1 (WS): K3, place m, k1, place m, k3.

Row 2 (RS): K all, slipping m as you pass them.

Row 3 (WS): K all, slipping m as you pass them.

Now, you'll start working increases on RS rows ONLY, and the lace pattern, incorporating new sts to it as the piece grows in width.

Work as follows:

Row 1 (RS): K3, sl m, m1l, k1, m1r, sl m, k3. (You've increased 2 sts and should now have 9 sts).

Row 2 (WS): K3, sl m, p3, sl m, k3.

Row 3 (RS): K3, sl m, m1l, k3, m1r, sl m, k3.

Row 4 (WS): K3, sl m, k1, p3, k1, sl m, k3.

Row 5 (RS): K3, sl m, m1l, yo, k2tog, k1, ssk, yo, m1r, k3.

Row 6 (WS): K3, sl m, p all to m, sl m, k3.

Row 7 (RS): K3, sl m, m1l, k1, p5, k1, m1r, sl m, k3.

Row 8 (WS): K3, sl m, p2, k5, p2, sl m, k3.

Row 9 (RS): K3, sl m, m1l, k2, p5, k2, m1r, sl m, k3.

Row 10 (WS): K3, sl m, p3, k5, p3, sl m, k3.

Row 11 (RS): K3, sl m, m1l, k2, ssk, yo, k3, yo k2tog, k2, m1r, k3.

Row 12 (WS): Rep row 6.

Row 13 (RS): K3, sl m, m1l, p2, work row 1 of Lace chart once, p3, m1r, sl m, k3.

Row 14 (WS): K3, sl m, p1, k3, work row 2 of Lace chart once, k2, p1, sl m, k3.

Row 15 (RS): K3, sl m, m1l, k1, p2, work row 3 of Lace chart once, p3, k1, m1r, sl m, k3.

Row 16 (WS): K3, sl m, p2, k3, work row 4 of Lace chart once, k2, p2, sl m, k3.

Row 17 (RS): K3, sl m, m1l, k1, ssk, yo, k1, work row 5 of Lace chart once, k2, yo, k2tog, k1, m1r, sl m, k3.

Row 18 (WS): Rep row 6.

Row 19 (RS): K3, sl m, m1l, p4, k1, work row 7 of Lace chart once, k2, p4, m1r, sl m, k3.

Row 20 (WS): K3, sl m, k5, p2, work row 8 of Lace chart once, p1, k5, sl m, k3.

Row 21 (RS): K3, sl m, m1l, p5, k1, work row 9 of Lace chart once, k2, p5, m1r, sl m, k3.

Row 22 (WS): K3, p1, k5, p2, work row 10 of Lace chart once, p1, k5, p1, k3.

Row 23 (RS): K3, sl m, m1l, ssk, yo, k3, yo, k2tog, work row 11 of Lace chart once, k1, ssk, yo, k3, yo, k2tog, m1r, sl m, k3.

Row 24 (WS): Rep row 6.

You've completed the first repeat of the lace chart, and should now have 31 sts on your needles.

Continue working as follows:

Row 25 (RS): K3, sl m, m1l, work row 1 of Lace chart 3 times across, p1, m1r, k3.

Row 26 (WS): K3, p2, work row 2 of Lace chart 3 times across, k1, sl m, k3.

Row 27 (RS): K3, sl m, m1l, work row 3 of Lace chart 3 times across, p2, m1r, sl m, k3.

Row 28 (WS): K3, sl m, k3, work row 4 of Lace chart 3 times across, k2, sl m, k3.

Row 29 (RS): K3, sl m, m1l, k2, work row 5 of Lace chart 3 times across, k3, sl m, k3.

Row 30 (WS): Rep row 6.

Row 31 (RS): K3, sl m, m1l, p2, k1, work row 7 of Lace chart 3 times across, k2, p2, m1r, sl m, k3.

Row 32 (WS): K3, sl m, k3, p2, work row 8 of Lace chart 3 times across, p1, k3, sl m, k3.

Row 33 (RS): K3, m1l, p3, k1, work row 9 of Lace chart 3 times across, k2, p3, m1r, sl m, k3.

Row 34 (WS): K3, sl m, k4, p2, work row 10 of Lace chart 3 times across, p1, k4, sl m, k3.

Row 35 (RS): K3, sl m, m1l, k3, yo, k2tog, work row 11 of Lace chart 3 times across, k1, ssk, yo, k2, m1r, sl m, k3.

Row 36 (WS): Rep row 6.

You've completed the second repeat of the lace chart, and should now have 43 sts on your needles.

Continue working as follows:

Row 37 (RS): K3, sl m, m1l, p1, k3, p2, work row 1 of Lace chart 3 times across, p3, k3, p1, m1r, sl m, k3.

Row 38 (WS): K3, sl m, k2, p3, k3, work row 2 of Lace chart 3 times across, k2, p3, k2, sl m, k3.

Row 39 (RS): K3, sl m, m1l, p2, k3, p2, work row 4 of Lace chart 3 times across, p3, k3, p2, m1r, sl m, k3.

Row 40 (WS): K3, sl m, k3, p3, k3, work row 5 of Lace chart 3 times across, k2, p3, k3, sl m, k3.

Row 41 (RS): K3, sl m, m1l, k2, yo, k2tog, k1, ssk, yo, k1, work row 6 of Lace chart 3 times across, k2, yo, k2tog, k1, ssk, yo, k2, m1r, sl m, k3.

Row 42 (WS): Rep row 6.

Row 43 (RS): K3, sl m, m1l, k3, p5, k1, work row 7 of Lace chart 3 times across, k2, p5, k3, m1r, sl m, k3.

Row 44 (WS): K3, sl m, k1, p3, k5, p2, work row 8 of Lace chart 3 times across, p1, k5, p3, k1, sl m, k3.

Row 45 (RS): K3, sl m, m1l, p1, k3, p5, k1, work row 9 of Lace chart 3 times across, k2, p5, k3, p1, m1r, sl m, k3.

Row 46 (WS): K3, k2, p3, k5, p2, work row 10 of Lace chart 3 times across, p1, k5, p3, k2, sl m, k3.

Row 47 (RS): K3, sl m, m1l, k1, yo, k2tog, k1, ssk, yo, k3, yo, k2tog, work row 11 of Lace chart 3 times across, k1, ssk, yo, k3, yo, k2tog, k1, ssk, yo, k1, m1r, sl m, k3.

Row 48 (WS): Rep row 6.

You've completed the third repeat of the lace chart, and should now have 55 sts on your needles.

Continue working as follows:

Row 49 (RS): K3, sl m, m1l, k2, p2, work row 1 of Lace chart 5 times across, p3, k2, m1r, sl m, k3.

Row 50 (WS): K3, sl m, p3, k3, work row 2 of Lace chart 5 times across, k2, p3, sl m, k3.

Row 51 (RS): K3, sl m, m1l, k3, p2, work row 3 of Lace chart 5 times across, p3, k3, m1r, sl m, k3.

Row 52 (WS): K3, sl m, k1, p3, k3, work row 4 of Lace chart 5 times across, k2, p3, k1, sl m, k3.

Row 53 (RS): K3, sl m, m1l, yo, k2tog, k1, ssk, yo, k1, work row 5 of Lace chart 5 times across, k2, yo, k2tog, k1, ssk, yo, m1r, sl m, k3.

Row 54 (WS): Rep row 6.

Row 55 (RS): K3, sl m, m1l, k1, p5, k1, work row 7 of Lace chart 5 times across, k2, p5, k1, m1r, sl m, k3.

Row 56 (WS): K3, sl m, p2, k5, p2, work row 8 of Lace chart 5 times across, p1, k5, p2, sl m, k3.

Row 57 (RS): K3, sl m, m1l, k2, p5, k1, work row 9 of Lace chart 5 times across, k2, p5, k2, m1r, sl m, k3.

Row 58 (WS): K3, sl m, p3, k5, p2, work row 10 of Lace chart 5 times across, p1, k5, p3, sl m, k3.

Row 59 (RS): K3, sl m, m1l, k2, ssk, yo, k3, yo, k2tog, work row 11 of Lace chart 5 times across, k1, ssk, yo, k3, yo, k2tog, k2, m1r, sl m, k3.

Row 60 (WS): Rep row 6.

You've completed the fourth repeat of the lace chart, and should now have 67 sts on your needles.

Continue working as follows:

Row 61 (RS): K3, sl m, m1l, p2, work row 1 of Lace chart 7 times across, p3, m1r, sl m, k3.

Row 62 (WS): K3, sl m, p1, k3, work row 2 of Lace chart 7 times across, k2, sl m, k3.

Row 63 (RS): K3, sl m, m1l, k1, p2, work row 3 of Lace chart 7 times across, p3, k1, m1r, sl m, k3.

Row 64 (WS): K3, sl m, p2, k3, work row 4 of Lace chart 7 times across, k2, p2, sl m, k3.

Row 65 (RS): K3, sl m, m1l, k1, ssk, yo, k1, work row 5 of Lace chart 7 times across, k2, yo, k2tog, k1, m1r, sl m, k3.

Row 66 (WS): Rep row 6.

Row 67 (RS): K3, sl m, m1l, p4, k1, work row 7 of Lace chart 7 times across, k2, p4, m1r, sl m, k3.

Row 68 (WS): K3, sl m, k5, p2, work row 8 of Lace chart 7 times across, p1, k5, sl m, k3.

Row 69 (RS): K3, sl m, m1l, p5, k1, work row 9 of Lace chart 7 times across, k2, p5, m1r, sl m, k3.

Row 70 (WS): K3, sl m, p1, k5, p2, work row 10 of Lace chart 7 times across, p1, k5, p1, sl m, k3.

Row 71 (RS): K3, sl m, m1l, ssk, yo, k3, yo, k2tog, work row 11 of Lace chart 7 times across, k1, ssk, yo, k3, yo, k2tog, m1r, sl m, k3.

Row 72 (WS): Rep row 6.

You've completed the fifth repeat of the lace chart, and should now have 79 sts on your needles.

Continue working last repeat as follows:

Row 73 (RS): K3, sl m, m1l, work row 1 of Lace chart 9 times across, p1, m1r, sl m, k3.

Row 74 (WS): K3, sl m, k2, work row 2 of Lace chart 9 times across, k1, sl m, k3.

Row 75 (RS): K3, sl m, m1l, p1, work row 3 of Lace chart 9 times across, p2, m1r, sl m, k3.

Row 76 (WS): K3, sl m, k3, work row 4 of Lace chart 9 times across, k2, sl m, k3.

Row 77 (RS): K3, sl m, m1l, k2, work row 5 of Lace chart 9 times across, k3, m1r, sl m, k3.

Row 78 (WS): Rep row 6.

Row 79 (RS): K3, sl m, m1l, p2, k1, work row 7 of Lace chart 9 times across, k2, p2, m1r, sl m, k3.

Row 80 (WS): K3, sl m, k3, p2, work row 8 of Lace chart 9 times across, p1, k3, sl m, k3.

Row 81 (RS): K3, sl m, m1l, p3, k1, work row 9 of Lace chart 9 times across, k2, p3, m1r, sl m, k3.

Row 82 (WS): K3, sl m, k4, p2, work row 10 of Lace chart 9 times across, p1, k4, sl m, k3.

Row 83 (RS): K3, sl m, m1l, k3, yo, k2tog, work row 11 of Lace chart 9 times across, k1, ssk, yo, k3, m1r, sl m, k3.

Row 84 (WS): Rep row 6.

You've completed the sixth and last repeat of the lace chart, and should now have 91 sts on your needles.

Now, you'll work 4 set-up rows for the next step as follows:

Row 1 (RS): K3, sl m, m1l, p1, *k3, p5*. Rep *-* 10 times in total. K3, p1, m1r, sl m, k3.

Row 2 (WS): K3, sl m, k3, *p3, k5*. Rep *-* 10 times in total. P3, k1, sl m, k3.

Row 3 (RS): K3, sl m, m1l, p2, *k3, p5*. Rep *-* 10 times in total. K3, p2, m1r, sl m, k3.

Row 4 (WS): K3, sl m, k3, *p3, k5*. Rep *-* 10 times in total. P3, k3, sl m, k3.

You should have 95 sts on your needles.

If you'd prefer a longer/bigger bandana, cont in pattern, making sure your last row is a row 4 or 10 of lace chart (WS row).

Leave sts on hold while you work the scarf section.

Scarf

With 3.5 mm (US 4) needles, CO 4 sts with the long tail cast on.

Work scarf as follows:

Rows 1-3: K all

Row 4: K1, m1l, k until 1 st rem, m1r, k1.

Rep rows 1-4, 11 more times. You've worked a total of 12 increase rows and should now have 28 sts on your needles.

Now, work next section of scarf with decreases as follows:

Rows 1-9: K all.

Row 10: K1, ssk, k until 1 st rem, k2tog, k1.

Rep rows 1-10, 9 more times. You've worked a total of 10 decrease rows and should now have 8 sts on your needles.

Rows 1-8: K all.

Now, work on the WS:

Row 1: Kfb across all sts. You should have 16 sts on your needles.

Work double knitted section as follows:

Row 1 (RS): *k1, sl1 wyif*. Rep 7 more times.

Row 2 (WS): *k1, sl1 wyif*. Rep 7 more times.

Rep rows 1 and 2, until band measures approx. 15 cm/ 6" from where you started the double knitted band, ending on a WS row.

Now, you'll continue working the double knitted band, while joining it to the bandana. You'll knit together the band and the sts you left on hold on the bandana.

With band sts on RH needle and RS facing you, slide 95 sts you left on hold from bandana to your RH needle (RS facing you). You should have a total of 111 sts on your needles.

Slide to opposite end of needles, to start working on the band on the RS and work as follows:

Row 1 (RS): *k1, sl1 wyif*. Rep 6 more times. K3tog tbl (the last 2 sts from band and first st from bandana).

Row 2 (WS): Sl1 wyif, *k1, sl1 wyif*. Rep *-* 6 more times.

Row 3 (RS): *k1, sl1 wyif*. Rep *-* 6 more times, k2tog tbl (the last st from band and first st from bandana).

Row 4 (WS): Sl1 wyif, *k1, sl1 wyif*. Rep *-* 6 more times.

Rep rows 3 and 4 across all bandana sts, ending on a RS row.

Once you complete this, work the other extreme of the band as follows:

Next WS row: Sl1 wyif, kfb, *sl1 wyif, k1*. Rep *-* 5 more times, sl1 wyif. Total: 16 sts.

Now, work the other side of the band as follows:

Row 1 (RS): *k1, sl1 wyif*. Rep *-* 7 more times.

Row 2 (WS): *k1, sl1 wyif*. Rep *-* 7 more times.

Rep until band measures 15 cm/ 6", ending on a WS row.

Decrease to half the number of sts as follows:

Row 1 row: *ssk* across all sts. Total: 8 sts.

Rows 2-9: K all

Now, you'll work increases as follows:

Row 1: k1, m1l, k until 1 st rem, m1r, k1.

Rows 2-10: K all

Rep rows 1-10, 9 more times. You've worked a total of 10 increase rows and should now have 28 sts on your needles.

Now, work next section of scarf with decreases as follows:

Row 1: k1, ssk, k until 3 sts rem, k2tog, k1.

Rows 2-4: K all

Rep rows 1-4, 11 more times. You've worked a total of 12 decrease rows and should now have 4 sts on your needles.

Bind off in pattern.

Finishing

Once the bandana is finished, weave in all ends and wet block to the given measurements.

Video tutorials

Long tail cast-on: https://youtube.com/shorts/-P-4mNbAbD4?si=Ev4_CY1EtpsVj4J

Increases m1r and m1l: https://youtube.com/shorts/wVTwBiKIm_c?si=EBMU6J78PvvHLW_h

Increases kfb: https://youtube.com/shorts/_rfsfYmsdvo?si=l_6AK8QsazWO18OW

Double knitting: <https://youtu.be/AtlfdOGuKsg?si=B2WoVHL-OU5tARe9>