

# BERTA SWEATER

*by Cecilia Lalanne  
& Maria Cano*



**MANOS**  
DEL URUGUAY  
— EST. 1968 —



## Berta Sweater

by Cecilia Lalanne  
sample by Maria Cano

*Berta Sweater is worked with straight knitting and intarsia techniques, as a result we have a fun and very striking checkered design. Its simple construction, with straight sleeves and body, allows us to fully focus on the color work technique, achieving a loose and comfortable garment to wear every day.*

## Finished Measurements

Sizes - 1, (2, 3, 4)

Shown in size 2 on a 43.5" 110 cms bust.

Recommended ease: 8-14" (20-35 cm) of positive ease.

Bust circumference - 36 (43.5, 50.5, 57.5)" / 92 (110, 128, 146) cms

## Yarn

Marla by Manos del Uruguay.

100% Merino superwash wool

Approx. 273 yds / 250 mts per 100 g.

Chili (F), Gold (C), Ficus (D): 1 (1, 2, 3) skeins.

Sami by Manos del Uruguay.

100% Merino superwash wool

Approx. 273 yds / 250 mts per 100 g.

Turmeric (B), Kale (E) and Tomato (A): 1 (2, 2, 3) skeins.

## Needles and Tools

One pair of straight needles in size 3,5 mm / #4 US. (Or size to obtain gauge)

1 tapestry needle.

## Gauge

22 sts and 33 rows = 4" [10 cm] in stockinette stitch, after blocking.

## Abbreviations

**K**- Knit.

**P**- Purl.

**RS**- Right Side.

**WS**- Wrong Side.

**St/Sts**- Stitch/Stitches.

**M1R** - make 1 right.

**M1K** - make 1 left.

**BO**: Bind off

## Instructions

This sweater it is worked in a straight knitting, so we will knit front, back and sleeves separately, then we sew all the parts and finally we will knit the rib of the neck.

All the sweater will be worked in color work (intarsia)/stockinette stitch.

## BACK

With A color (Tomato) cast on 102, (122, 142, 162) stitches. Edge stitches, for sewing, are included.

Work in rib (k1, p1) until piece measures 2,5 " (6,5 cms) from the cast on edge.

From here we start knitting the color work (intarsia) chart as follows for each size:

### Size 1 (Chart 2):

**For stitches:** Knit all the chart one time, then repeat stitches 21 to 60 one more time. (Remember that the square of the beginning and in the end will have a edge stitch in the same color).

**For rows:** Repeat the color chart one time, then repeat rows 1 to 28 one more time.

From here we will begin to shape the back neckline and shoulders. See the instructions below.

### Size 2 (Chart 1):

**For stitches:** Knit the chart three times. (Remember that the square of the beginning and in the end will have a edge stitch in the same color).

**For rows:** Repeat the color chart one time, then repeat rows 1 to 28 one more time.

From here we will begin to shape the back neckline and shoulders. See the instructions below.

### Size 3 (Chart 2):

**For stitches:** Knit all the chart one time, then repeat stitches 21 to 60 two times.

(Remember that the square of the beginning and in the end will have a edge stitch in the same color).

**For rows:** Repeat the color chart one time, then repeat rows 1 to 56 one more time.

From here we will begin to shape the back neckline and shoulders. See the instructions below.

### Size 4 (Chart 1):

**For stitches:** Knit the chart four times.

(Remember that the square of the beginning and in the end will have a edge stitch in the same color).

**For rows:** Repeat the color chart one time, then repeat rows 1 to 56 one more time.

From here we will begin to shape the back neckline and shoulders. See the instructions below..

## Back Neckline and Shoulders

### Size 1 (Chart 2):

Knit rows 29 to 50 one more time.

**Next row (RS):** K27 (right shoulder), BO 48 sts (back neckline), k27 (left shoulder).

With the same color that you were working on shoulders, knit 3 more rows in each shoulder.

Don't bind off the stitches, keep them on hold to join, with the three needles BO, to the back, later.

### Size 2 (Chart 1):

Knit rows 29 to 50 one more time.

**Next row (RS):** K37 (right shoulder), BO 48 sts (back neckline), k37 (left shoulder).

With the same color that you were working on

shoulders, knit 3 more rows in each shoulder.

Don't bind off the stitches, keep them on hold to join, with the three needles BO, to the back, later.

### **Size 3 (Chart 2):**

Knit rows 57 to 78 one more time.

**Next row (RS):** K45 (right shoulder), BO 52 sts (back neckline), k45 (left shoulder).

With the same color that you were working on shoulders, knit 3 more rows in each shoulder.

Don't bind off the stitches, keep them on hold to join, with the three needles BO, to the back, later.

### **Size 4 (Chart 1):**

Knit rows 57 to 78 one more time.

**Next row (RS):** K54 (right shoulder), BO 54 sts (back neckline), k54 (left shoulder).

With the same color that you were working on shoulders, knit 3 more rows in each shoulder.

Don't bind off the stitches, keep them on hold to

join, with the three needles BO, to the back, later.

## **FRONT**

### **Size 1 (Chart 1):**

**For stitches:** Knit all the chart two times, then repeat stitches 1 to 20 one more time.

(Remember that the square of the beginning and in the end will have a edge stitch in the same color).

**For rows:** Repeat the color chart one time, then repeat rows 1 to 28 one more time.

From here we will begin to shape the front neckline and shoulders. See the instructions below.

### **Size 2 (Chart 1):**

Follow the same instructions as for the back.

### **Size 3 (Chart 1):**

**For stitches:** Knit all the chart three times, then repeat stitches 1 to 20 one more time.

(Remember that the square of the beginning



and in the end will have a edge stitch in the same color).

**For rows:** Repeat the color chart one time, then repeat rows 1 to 56 one more time.

From here we will begin to shape the front neckline and shoulders. See the instructions below.

#### **Size 4 (Chart 1):**

Follow the same instructions as for the back.

### **Front Neckline and Right Shoulder**

#### **Sizes 1 and 2 (Chart 1):**

Knit rows 29 to 36 one more time.

#### **Sizes 3 and 4 (Chart 1):**

Knit rows 57 to 64 one more time.

**Next row (RS):** K46 (56, 66, 76) ( (left shoulder), BO 10 sts (center front neckline), K46 (56, 66, 76) (right shoulder).

Keep the left shoulder stitches on hold to knit later.

**Next row and all even rows (WS):** purl to last 1 st, slip 1 wyif

**Next row RS:** BO 10, k36 (46, 56, 66).

**Next row RS:** BO 4, k32 (42, 52, 62).

**Next row RS:** BO 3, k29 (39, 49, 59).

**Next row RS:** BO 2, k27 (37, 47, 57).

**Next row RS:** BO 1, k26 (36, 46, 56).

With the same color work in stockinette stitch 9 more rows . Don't bind off the stitches, keep them on hold to join, with the three needles BO, to the back, later.

### **Front Left Shoulder**

Place the stitches that were on hold back on the needle, with the right side facing forward.

**Next row and all odd rows (RS):** Knit to las 1 st, slip 1 wyib.

**Next row WS:** BO 10, p36 (46, 56, 66).

**Next row WS:** BO 4, p32 (42, 52, 62).

**Next row WS:** BO 3, p29 (39, 49, 59).

**Next row WS:** BO 2, p27 (37, 47, 57).

**Next row WS:** BO 1, p26 (36, 46, 56).

With the same color work in stockinette stitch 9 more rows . Don't bind off the stitches, keep them on hold to join, with the three needles BO, to the back, later.

### **SLEEVES**

Follow the color work (intarsia) charts instructions for sleeve for each size.

If you want to modify the length of the sleeve, continue knitting the rows you need with the same colors you have been knitting, in our sample we will continue knitting with B (Turmeric) and C (Gold) colors.

With A color (Tomato) cast on 46 (52, 58, 64) stitches. Edge stitches, for sewing, are included.

Work in rib (k1, p1) until piece measures 2,5 " (6,5 cms) from the cast on edge.

From here we will make an increase every 6 rows, until the sleeve measure 17" (44 cms).

We will always make the **increase** by the RS row, as follow:

k1, M1R, knit to last stitch, M1L, k1.

## JOIN FRONT, BACK AND SLEEVES

After having all the pieces knitted (front, back and both sleeves), we will join them in the following order:

1- First we will place the shoulder stitches that we left on hold on the needles and we will join them using the three-needle BO method.

Reference video:

<https://www.youtube.com/watch?v=H1tspzgl1Pk&t=137s>

2- Then we will sew the sleeves to the body. Use the following video as a reference:

[https://www.youtube.com/watch?v=Q04\\_-WWGpvw&t=5s](https://www.youtube.com/watch?v=Q04_-WWGpvw&t=5s)

3- Once we have joined the sleeves to the body, we will join the sides of the sleeves, using the invisible "mattress stitch" seam.

4- Finally we will join the sides of the body, also using the "mattress stitch" method.

Reference video for mattress stitch:

<https://www.youtube.com/watch?v=nJ7KEGUTIJM&t=9s>

## NECKLINE RIB

After having joined all the pieces we are going to knit the collar rib. Count how many stitches we have at the circumference of the neckline, having this number we will pick up the stitches, to knit the 1x1 rib as follows:

Pick up 1 stitch in each stitch at neck centre of the front and back (30 sts on each side) and then pick up 7 stitches for every 8 stitches on the rest of the circumference.

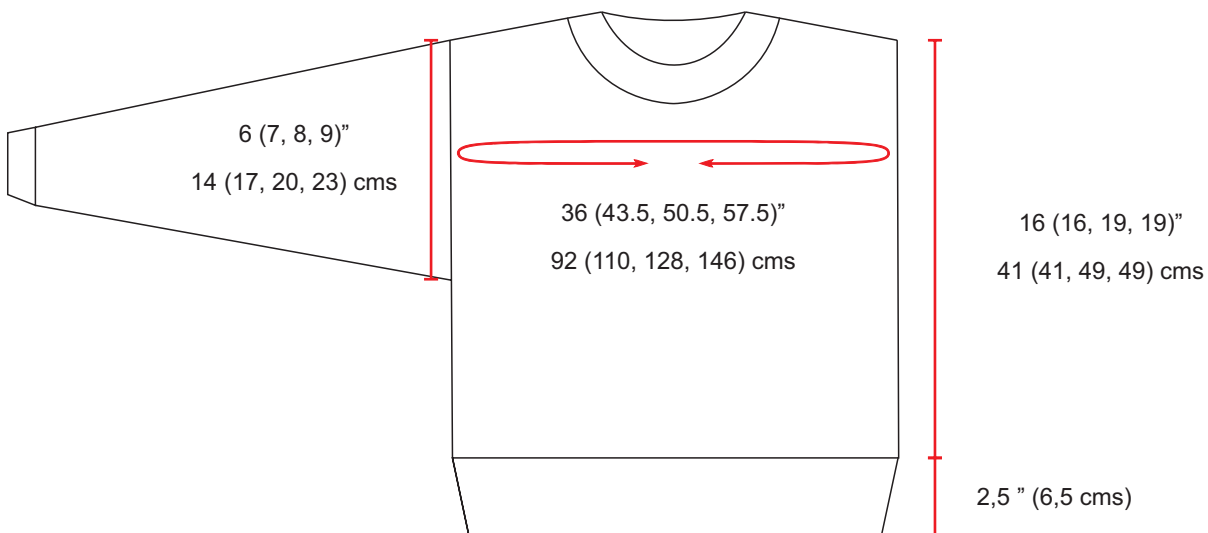
You can place markers to identify each area.

After picking up all stitches, knit 1x1 rib (k1, p1) until it measures 1.5" (4 cms).

## FINISHING:

Weave in ends. Steam- or wet-block piece to finished measurements.

## MEASURES

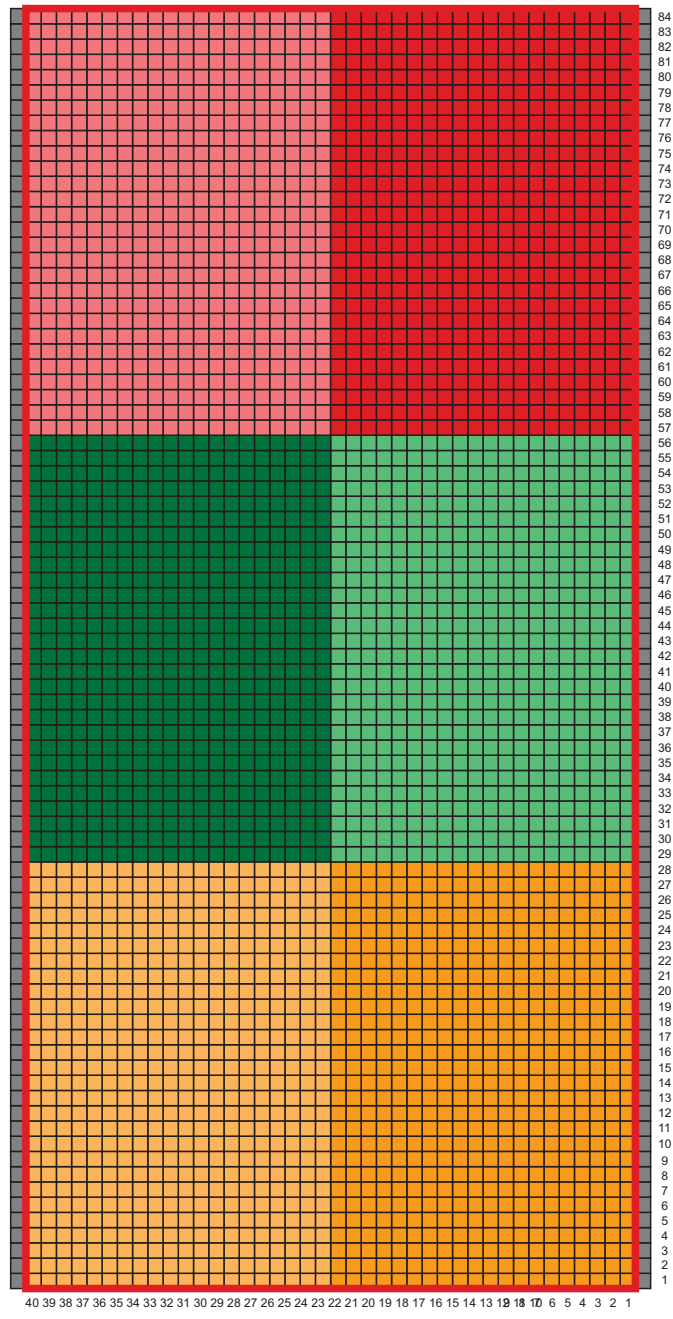




**CHART 1**

**Berta Sweater - Front color work (intarsia) Chart - All sizes.**

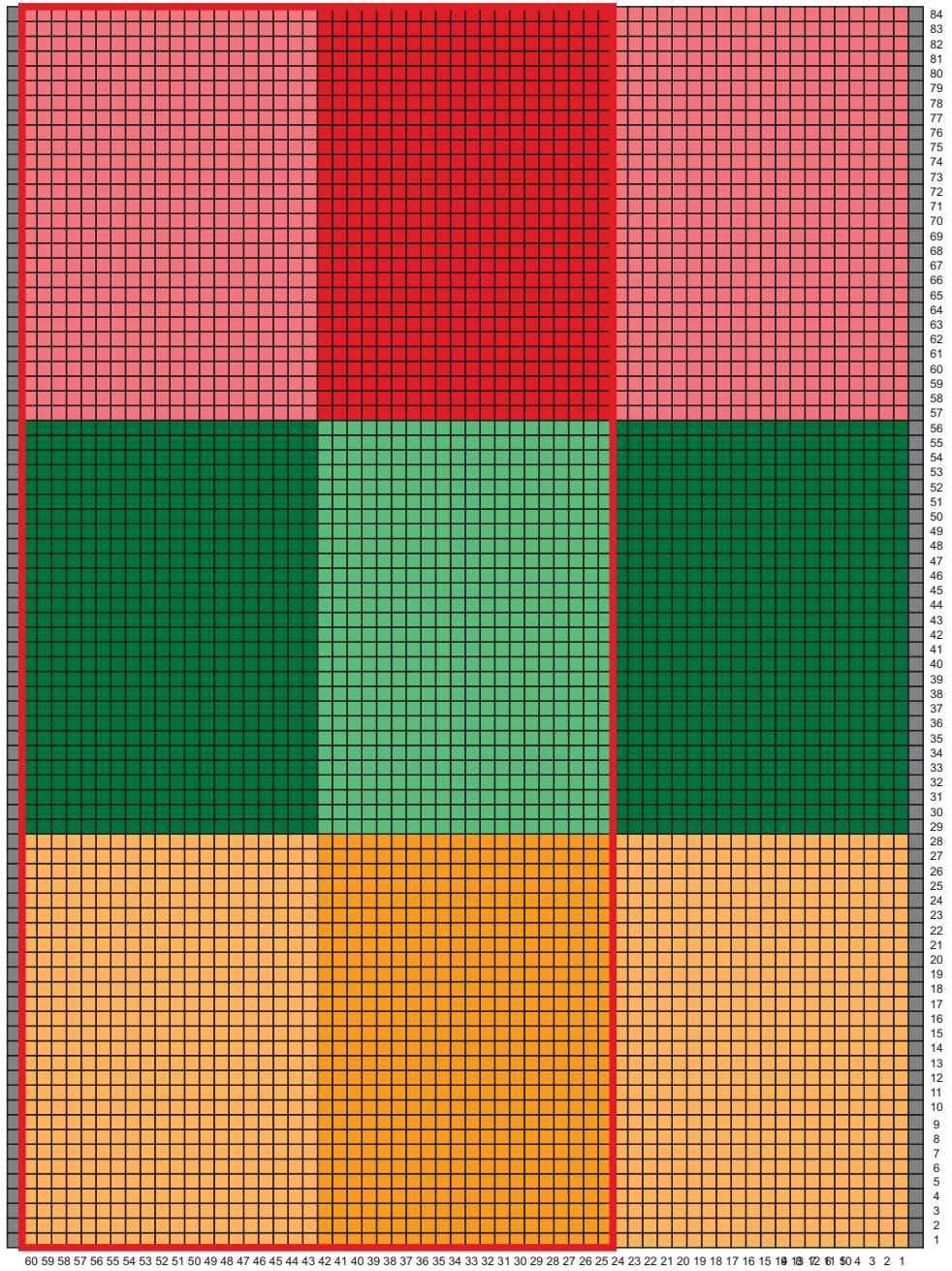
**Berta Sweater - Back color work (intarsia) Chart - Sizes 2 and 4.**



- Turmeric (B)
- Ficus (D)
- Tomato (A)
- Edge stitch
- Gold (C)
- Kale (E)
- Chili (F)
- Repeat

CHART 2

Berta Sweater - Back Color Work (intarsia) Chart - Sizes 1 and 3



- Turmeric (B)
  - Ficus (D)
  - Tomato (A)
  - Edge stitch
- Gold (C)
  - Kale (E)
  - Chili (F)
  - Repeat

CHART 3 Berta Sweater - Sleeve color work (intarsia) Chart - Size 1



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- Turmeric (B)
- Ficus (D)
- Tomato (A)
- M1
- Gold (C)
- Kale (E)
- Chili (F)

CHART 4

Berta Sweater - Sleeve color work (intarsia) - Size 2



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- Turmeric (B)
- Ficus (D)
- Tomato (A)
- M1
- Gold (C)
- Kale (E)
- Chili (F)

CHART 5

Berta Sweater - Sleeve color work (intarsia) - Size 3



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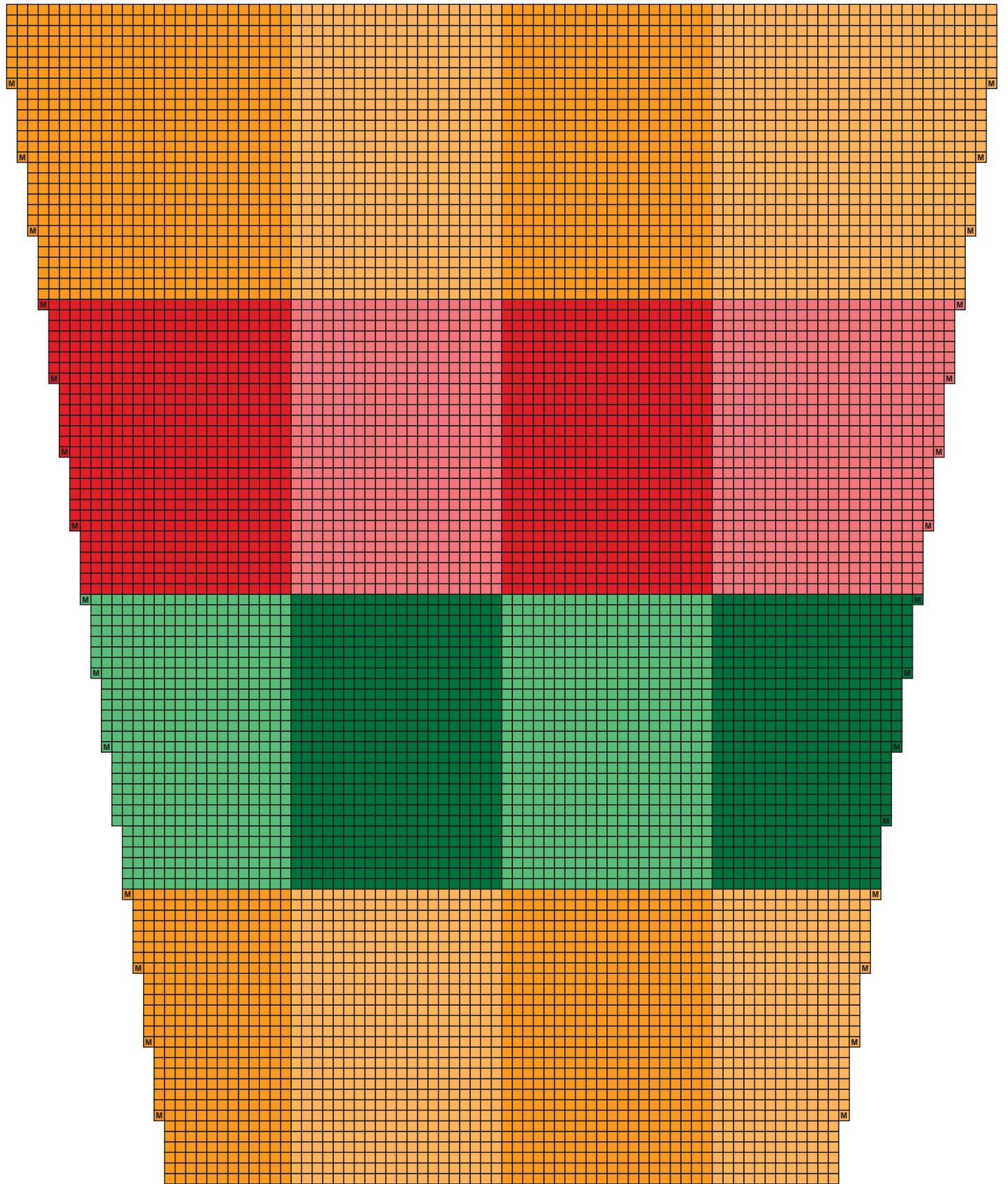
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CHART 6

Berta Sweater - Sleeve color work (intarsia) - Size 4



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- Turmeric (B)
- Ficus (D)
- Tomato (A)
- M1
- Gold (C)
- Kale (E)
- Chili (F)

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