

# ***Juana Vest***

*by Lirio Knits*



**MANOS**  
DEL URUGUAY  
— EST. 1968 —

## *Juana Vest by Lirio Knits*

*The Juana Vest is worked seamlessly from the top down with a European shoulder construction.*

*The back yoke is worked with increases. Then, stitches are picked up at the shoulders for both fronts, which are later joined to the back with side panels that feature a lace stitch pattern. Once this pattern is complete, back and front are separated and worked flat to the i-cord bind off.*

*The neckline and deep armholes are also finished with i-cord edges for a cohesive look.*

### **Sizes**

1 (2) 3 (4) 5 (6) 7 (8)

Bust circumference:

75 (83) 92 (103) 112 (118) 130 (140) cm

29.5 (32.7) 36 (40.5) 44 (46.5) 51 (55)"

The vest has a positive ease of approx. 18 cm/ 7" for smaller sizes, and increasingly less positive ease for bigger sizes.

To pick your size, measure your bust circumference and divide it in half. Compare this number to the finished garment's measurements, selecting the size that most closely matches it, while considering the positive ease you'd like.

These measurements are based on the given gauge and stitch pattern.

### **Gauge**

28 sts x 36 rows = 10 x 10 cm / 4 x 4" in stockinette stitch, worked flat on 3.50 mm (US 4) needles, after blocking.

*Tip: If you're not getting gauge, size your needles up or down. If you're getting more stitches than needed, size up. If you're getting fewer stitches, size down.*

### **Recommended needle size**

3.5 mm (US 4) circular needles

### **Yarn**

Milo by Manos del Uruguay (65% merino wool, 35% linen)- 350 mts/380 yds per 100g skein

2 (2) 3 (3) 3 (4) 4 (5) skeins

### *Measurements (of finished garment):*

Bust circumference: 94 (100) 108 (116) 122 (130) 140 (150) cm / 37 (39.4) 42.5 (45.6) 48 (51) 55 (59)"

Length (measured from center back): 53 (57) 59 (59) 59 (60) 61 (62) cm / 20.8 (22.4) 23 (23) 23 (23.6) 24 (24.4)"

### *Notions*

4 stitch markers, stitch cords or scrap of yarn, tapestry needle.

(1) 3.5 mm (US 4) DPN, optional for i-cords.

### *Techniques used*

Long tail cast-on\*, working flat, working in the round, increases\*, leaving stitches on hold, picking up stitches, backward loop cast on\*, working from a chart, twisted knit, yarn over, knitted cast on\*, i-cord, Grafting or kitchener stitch\*.

\*Links to video tutorials are available on the last page

### *Abbreviations*

**Approx.:** Approximately

**P:** Purl

**BORm:** Beginning of round marker

**Rep:** Repeat

**CO:** Cast on

**Rem:** Remain(ing)

**Cont:** Continue

**RH:** Right hand

**K2tog tbl:** Knit 2 stitches together through the back loop

**Rnd(s):** Round(s)

**k:** Knit

**RS:** Right side

**LH:** Left hand

**Sl1 wyib/wyif:** Slip 2 stitches with the yarn in front/with the yarn in the back

**m1l:** Make 1 stitch left leaning

**sm:** stitch marker

**m1r:** Make 1 stitch right leaning

**st(s):** Stitch(es)

**m1rp:** Make 1 stitch right leaning (purl)

**St st:** Stockinette Stitch

**m1lp:** Make 1 stitch left leaning (purl)

**WS:** Wrong side

**Patt:** Pattern

**yo:** Yarn over

## *Techniques used*

### **Increases:**

M1l- Make 1 left – find the bar that runs between two stitches and lift it with your left needle from front to back. Knit it through the back loop.

M1r- Make 1 right – find the bar that runs between two stitches and lift it with your left needle from back to front. Knit it.

M1rp- Make 1 right on the purl side – find the bar that runs between two stitches and lift it with your left needle from back to front. Purl it.

M1lp- Make 1 left on the purl side – find the bar that runs between two stitches and lift it with your left needle from front to back. Purl it through the back loop.

### **Twisted knit:**

Twisted knit (ktbl) - Insert RH needle into back loop of first stitch on LH needle and knit.

## *Lace chart*

Charts are read from right to left and bottom to top on all rounds.

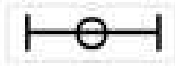
Key for all sizes:



Knit



No stitch



Insert tip of RN into third st, lift up and over the first two sts and drop it. Ktbl, yo, ktbl.



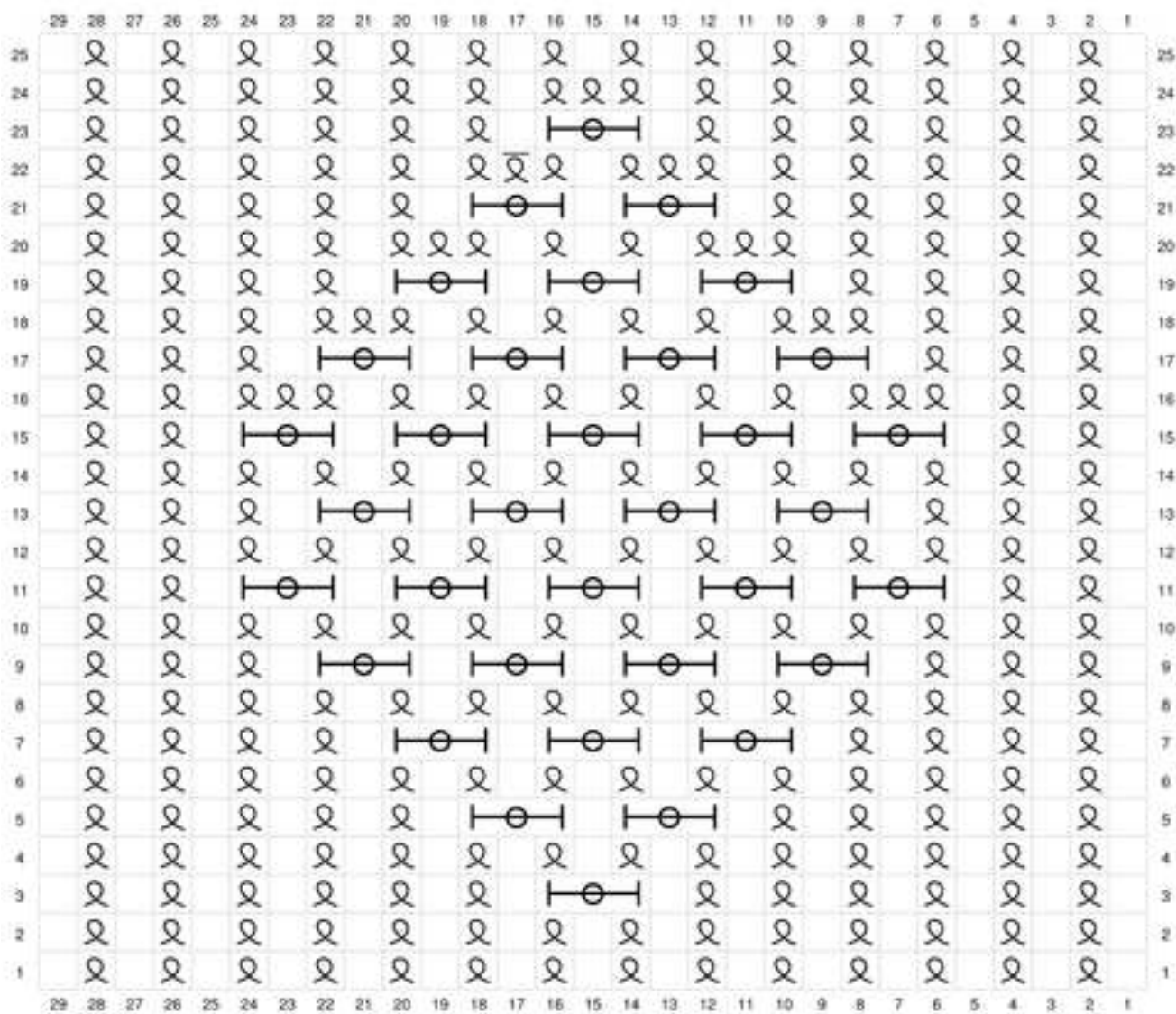
Knit through back loop



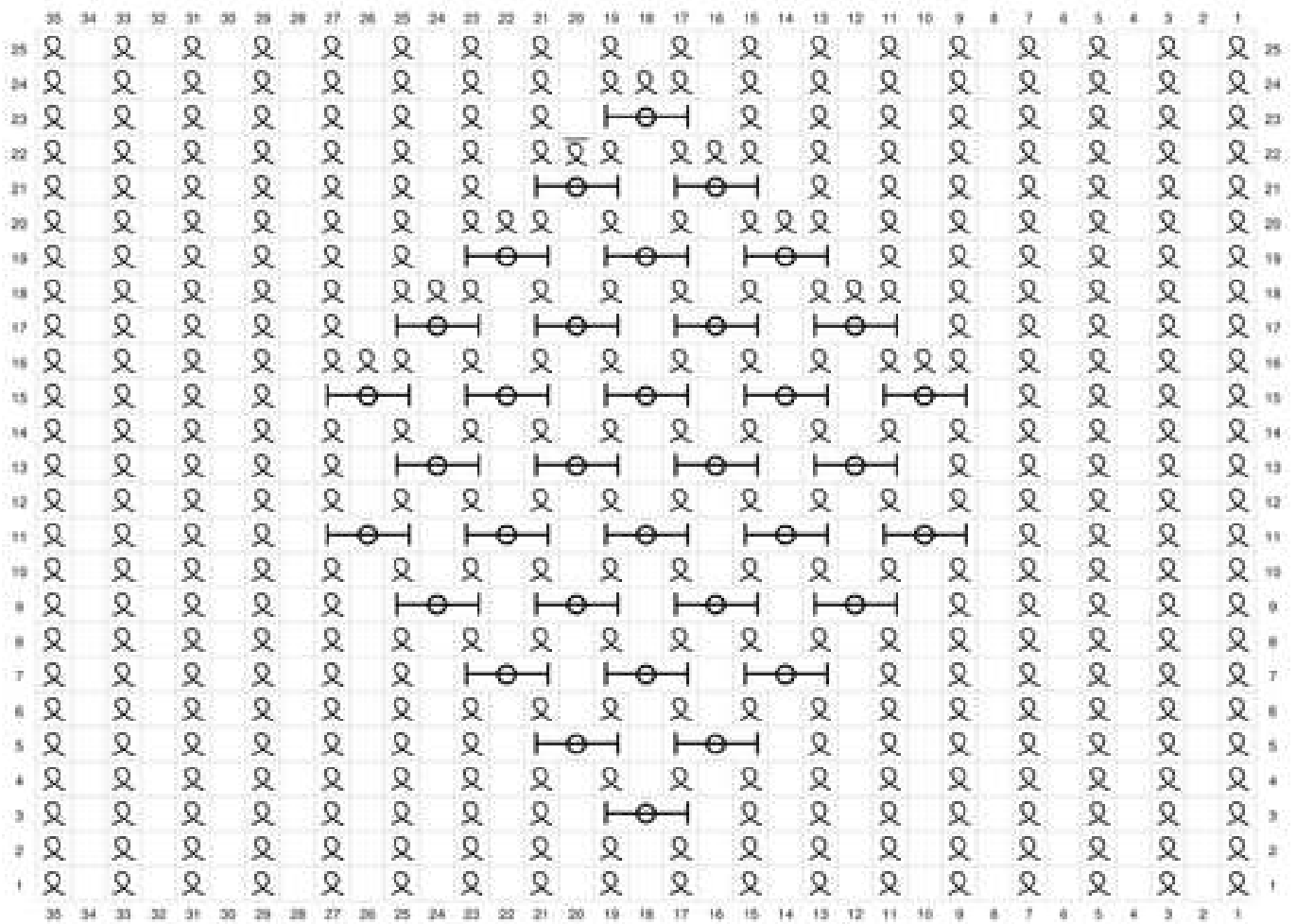
Purl through back loop



Size 7:



Size 8:



## *Pattern begins*

### *Back*

With 3.5 mm (US 4) circular needles, CO 46 (46) 52 (52) 56 (60) 60 (60) sts with the long tail cast on, or your preferred method to cast on.

Purl all for one row to start working on the RS.

Start working increases as follows:

Row 1 (RS): K3, m1l, k until 3 sts rem, m1r, k3.

Row 2 (WS): P3, m1rp, p until 3 sts rem, m1lp, p3.

Rep rows 1 and 2, 12 (14) 14 (15) 15 (16) 17 (18) more times, for a total of 27 (31) 31 (33) 33 (35) 37 (39) rows worked. You've increased 52 (60) 60 (64) 64 (68) 72 (76) sts and should now have 98 (106) 112 (116) 120 (128) 132 (136) sts on your needles.

Continue working back and forth in St st as follows:

Row 1 (RS): K all

Row 2 (WS): P all

Rep rows 1 and 2, 34 (34) 35 (30) 28 (28) 26 (25) more times, for a total of 70 (70) 72 (62) 58 (58) 54 (52) rows worked.

Now, you'll work armhole increases as follows:

Row 1 (RS): K3, m1l, k until 3 sts rem, m1r, k3.

Row 2 (WS): P all

Rep rows 1 and 2, 5 (5) 7 (11) 13 (15) 17 (19) more times, for a total of 12 (12) 16 (24) 28 (32) 36 (40) rows. You've worked 6 (6) 8 (12) 14 (16) 18 (20) increase rows and increased 12 (12) 16 (24) 28 (32) 36 (40) sts. You should now have 110 (118) 128 (140) 148 (160) 168 (176) sts on your needles.

Leave sts on hold while you work the front.

## *Front*

### **Left front**

With 3.5 mm (US 4) needles, pick up sts along the left slating edge of the back. Start picking up from the collar to armhole edge in a ratio of 1 st per 1 row.

Pick up and k 26 (30) 30 (32) 32 (34) 36 (38) sts.

Purl all for one row to start working on the RS.

Row 1 (RS): K all

Row 2 (WS): P all

Rep rows 1 and 2, 10 (11) 10 (10) 12 (12) 12 (13) more times, for a total of 23 (25) 23 (23) 27 (27) 27 (29) rows worked.

Now, you'll work increases for the collar as follows:

Row 1 (RS): K3, m1l, k to end.

Row 2 (WS): P all

Rep rows 1 and 2, 11 (11) 14 (13) 15 (16) 16 (16) more times, for a total of 24 (24) 30 (28) 32 (34) 34 (34) rows. You've worked 12 (12) 15 (14) 16 (17) 17 (17) increase rows and increased 12 (12) 15 (14) 16 (17) 17 (17) sts. You should have a total of 38 (42) 45 (46) 48 (51) 53 (55) sts on your needles.

Leave sts on hold while you work the right front.

### **Right front**

With 3.5 mm (US 4) needles, pick up sts along the right slating edge of the back. Start picking up from the armhole edge to the collar in a ratio of 1 st per 1 row.

Pick up and k 26 (30) 30 (32) 32 (34) 36 (38) sts.

Purl all for one row to start working on the RS.

Row 1 (RS): K all

Row 2 (WS): P all

Rep rows 1 and 2, 10 (11) 10 (10) 12 (12) 12 (13) more times, for a total of 23 (25) 23 (23)

27 (27) 27 (29) rows worked.

Now, you'll work increases for the collar as follows:

Row 1 (RS): K until 3 sts rem, m1r, k3.

Row 2 (WS): P all

Rep rows 1 and 2, 11 (11) 14 (13) 15 (16) 16 (16) more times, for a total of 24 (24) 30 (28) 32 (34) 34 (34) rows. You've worked 12 (12) 15 (14) 16 (17) 17 (17) increase rows and increased 12 (12) 15 (14) 16 (17) 17 (17) sts. You should have a total of 38 (42) 45 (46) 48 (51) 53 (55) sts on your needles.

Now, you'll join both fronts to create the Front panel, casting on sts with the backward loop cast on method. Work as follows:

K 38 (42) 45 (46) 48 (51) 53 (55) sts from right front, CO 22 (22) 22 (24) 24 (26) 26 (26) sts with the backward loop cast on method, slide sts from left front back to your needles and k 38 (42) 45 (46) 48 (51) 53 (55) sts from left front. Total: 98 (106) 112 (116) 120 (128) 132 (136) sts.

Cont working back and forth in St st for 31 (35) 35 (39) 27 (29) 29 (27) more rows, ending on a WS row.

Now, you'll work armhole increases as follows:

Row 1 (RS): K3, m1l, k until 3 sts rem, m1r, k3.

Row 2 (WS): P all

Rep rows 1 and 2, 5 (5) 7 (11) 13 (15) 17 (19) more times, for a total of 12 (12) 16 (24) 28 (32) 36 (40) rows. You've worked 6 (6) 8 (12) 14 (16) 18 (20) increase rows and increased 12 (12) 16 (24) 28 (32) 36 (40) sts. You should now have 110 (118) 128 (140) 148 (160) 168 (176) sts on your needles.

## *Body*

You'll join Front and Back panels and cast on sts at the underarms to work the body in the round, with a lace pattern. Since you'll be working in the round, all rows of lace chart are read from right to left and bottom to top.

Work as follows:

Knit across 110 (118) 128 (140) 148 (160) 168 (176) Front sts, place sm1, cast on 23 (23) 23 (23) 23 (23) 29 (35) sts for the left underarm with the backward loop cast on method place sm2. Knit across 110 (118) 128 (140) 148 (160) 168 (176) Back sts, place sm3, cast on 23 (23) 23 (23) 23 (23) 29 (35) sts for the right underarm with the backward loop cast on method. Place BORm to join in the round.

You should now have 266 (282) 302 (326) 342 (366) 394 (422) sts on your needles.

From now on, you'll start working the body in the round and between the stitch markers, you'll work the lace pattern from the chart for your size. Work as follows:

Sizes 1 (2) 3 (4) 5 (6) - (8) ONLY:

Set-up rnd: K to sm1, slip sm, \*k1, p1\* until 1 st rem before sm2, k1, slip sm, k to sm3, slip sm, \*k1, p1\* until 1 st rem before BORm, k1.

Sizes - (-) - (-) - (-) 7 (-) ONLY:

Set-up rnd: K to sm1, slip sm, \*p1, k1\* until 1 st rem before sm2, p1, slip sm, k to sm3, slip sm, \*p1, k1\* until 1 st rem before BORm, p1.

All sizes resume:

Rnd 1: K to sm1, slip sm, work row 1 from lace chart, slip sm, k to sm3, slip m, work row 1 from lace chart.

Rep rnd 1, until you've completed all rows of lace chart, twice. You've worked a total of 51 rounds.

Rep set-up rnd for your size, once.

Now, you'll split the Front and Back again and work them flat. You'll bind off the underarm stitches.

Work as follows:

K across 110 (118) 128 (140) 148 (160) 168 (176) Front sts, remove sm1, bind off 23 (23) 23 (23) 23 (23) 29 (35) underarm sts in patt, removing sm2 when you come to it, k across 110 (118) 128 (140) 148 (160) 168 (176) Back sts, remove sm3, bind off 23 (23) 23 (23) 23 (23) 29 (35) underarm sts in patt, removing BORm when you come to it.

Tip: You'll bind off the sts that were cast on for the underarms. For that, you'll remove sm1, k1 to bind off the following one. When you come to sm2, you'll remove it and k1 to bind off the last underarm st.

Now, slide Back sts onto a separate cable or stitch cord to leave on hold while you work



40 (40) 40 (40) rows, or until front measures approx. 8 (11) 11 (11) 11 (11) 11 (11) cm/ 3 (4.3) 4.3 (4.3) 4.3 (4.3) 4.3 (4.3)" from where you split front and back, or to desired length minus 2 cm/ 0.8".

Work two set-up rows to avoid the bind off from rolling up. Work as follows:

Row 1 (RS): K until 2 sts rem, sl2 wyib.

Row 2 (WS): K until 2 sts rem, sl2 wyif.

Now, you'll bind off with an i-cord as follows:

Cast on 3 sts with the knitted cast on method onto your LH needle.

Row 1: K2, k2tog tbl. Without turning your work, slide 3 sts back to LH needle.

Rep row 1 across all sts, until one st from the body rem unworked.

Slide sts back to LH needle and bind off as follows:

K2, lift second st on RH needle up and over first and drop it to cast it off. K2tog tbl, lift second st on RH needle up and over first and drop it to cast it off. Break yarn leaving a tail of approx 5cm/ 2" and pull through rem st.

## *Collar*

You'll work the collar finishing with an i-cord edge. Starting at the right back shoulder seam, with 3.5mm (US 4), pick up sts as follows:

Pick up 44 (44) 50 (50) 54 (60) 60 (60) sts along the cast on edge at the Back (1 st per cast on st), pick up 36 (39) 39 (38) 40 (38) 38 (39) sts down the left collar edge (3 sts per 4 rows). Pick up 22 (23) 22 (24) 24 (26) 26 (26) sts along the sts you cast on to join the fronts, 36 (39) 39 (38) 40 (38) 38 (39) sts up the right collar edge (3 sts per 4 rows). Total: 138 (146) 150 (150) 156 (160) 160 (162) sts.

Cast on 3 sts with the knitted cast on method onto your LH needle.

Row 1: K2, k2tog tbl. Without turning your work, slide 3 sts back to LH needle.

Rep row 1 across all sts, until all sts around the collar have been worked. You should have 3 sts rem on RH needle.

With the grafting method, bind off while joining to the beginning of the i-cord.

## *Armhole edge*

Rep for both armholes.

You'll work the armhole edges with an i-cord edge. Starting at center of the underarm, with 3.5mm (US 4), pick up 152 (156) 166 (172) 172 (182) 192 (200) sts around armhole. Pick up in a ratio of approx. 3 sts for every 4 rows at vertical edges and 1 st for every st at underarms.

Cast on 3 sts with the knitted cast on method onto your LH needle.

Row 1: K2, k2tog tbl. Without turning your work, slide 3 sts back to LH needle.

Rep row 1 across all sts, until all sts around the armhole have been worked. You should have 3 sts rem on RH needle.

With the grafting method, bind off while joining to the beginning of the i-cord.

## **Finishing**

Once the vest is finished, weave in all ends and wet block to the given measurements.

## *Video tutorials*

**Long tail cast-on:** <https://youtube.com/shorts/-P-4mNbAbD4?si=NtOCI2Wm6YlfoKIR>

**M1r and M1l:** [https://youtube.com/shorts/wVTwBiKIm\\_c?si=TcqyQWt94ImTBhsb](https://youtube.com/shorts/wVTwBiKIm_c?si=TcqyQWt94ImTBhsb)

**M1rp and M1lp:** <https://youtube.com/shorts/dCu3bg3Fc20?si=ANP1RGAAnUz0hWfqM>

**Backward loop cast on:** <https://youtube.com/shorts/9eGtu2M6Tak?si=-smLIKIKxSIFkKI5>

**Grafting:** <https://youtu.be/ONER3go7uHc?si=ANO0vKRkvqKEf9y5&t=210>